

COVID-19: How to conciliate working from home and family life?

12 May 2020 | 11AM to 12PM (UAE)

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OVERVIEW

This webinar will discuss how to effectively organise and manage your time to ensure that work and family life is maintained and balanced whilst ensuring you don't burn out. Discussion will centre around frequently asked questions and we will provide practical guidance and tips to assist navigating through the new normal to maximise efficiency and protect your well-being.



SARAH MALIK

CEO and International Disputes Counsel, SOL International Ltd

Sarah Malik is an experienced and well-regarded lawyer whose 21-year career to date has spanned internationally.

Prior to founding SOL International Ltd in August 2018, she practiced as a Barrister at a leading set of Chambers in London, worked as employed Counsel at a leading UK law firm and headed the Advocacy and Investigations team of an International law firm in Dubai.

Sarah is a member of the SIAC Users Council in the Middle East and is appointed on the Lagos Panel of Arbitration Neutrals and is involved with the Lagos Court in teaching arbitration practitioners. She is also a Fellow of the Chartered Institute of Arbitrators. Sarah undertakes international commercial arbitrations as Counsel (DIAC, ADCCAC, DIFC-LCIA, ICC) and practices commercial litigation in the DIFC and ADGM Courts. In addition to practice, she is a visiting lecturer at Middlesex University Dubai in International Commercial Litigation and Arbitration. Sarah is regularly involved in high profile arbitration seminars, events and training, both within the UAE and internationally, including training on advocacy, drafting and cross-examination skills.

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